

Handprint Flag Shirt



Supplies:

Plain White Shirt

Fabric Paint - Blue and Red

Paint Brushes

Cardboard or Paper Plate

Baby Wipes

Step 1:

Place a paper plate or piece of cardboard inside your t-shirt. This is so the paint won't bleed to the other side of your shirt.

Step 2:

Decide where the handprint will go, paint some blue paint on the hand and immediately press it on the shirt. Using a small paintbrush, do some touch ups if need be.

Step 3:

Using the red paint, make flag stripes next to the blue handprint. If desired, paint a red heart inside the blue handprint as well.

Step 4:

Now let your paint dry completely before wearing or washing.

Step 5:

Be sure to follow washing directions on back of fabric paint container. For good measure, wash the shirt inside out.